

Employment, ADL, and Recreation Information

Patient Name: _____ Case: _____ Date: _____ Dr: _____

Occupation/Job Title: _____ Work: _____ hrs / day or week

Description of Work: _____

Job Classification: Sedentary (<5lbs) Light (5-20lbs) Moderate (20-50lbs) Heavy (>50 lbs)

Lifting Frequency: Constant (67-100%/day) Frequent (33-66%/day) Occasional (0-32%/day)

Lifting Postures: with Arms High Near from Knee Off Posture from Torso

Work Activity Postures: (hrs/day)

bending: _____ h/d climbing: _____ h/d kneeling: _____ h/d pulling: _____ h/d pushing: _____ h/d
 reaching: _____ h/d sitting: _____ h/d standing: _____ h/d twisting: _____ h/d walking: _____ h/d

Repetitive Activities: (hrs/day)

assembly/fine manipulation: _____ h/d computer use/typing: _____ h/d grasping: _____ h/d
 hand tool use: _____ h/d operation of machinery controls: _____ h/d phone use: _____ h/d

Condition's Effect On Job Performance: No Effect Mild Painful (Can do) Mod Painful (limited ability)
 Mod/Sev Limited Duty Sev No Limited Duty Sev (can't do limited duty)

Daily Activities: Effects of Current Condition on Performance

Bending: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Care -Infirm Family: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Carrying Groceries: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Change Posn-Sit-Stand: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Climb Stairs: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Driving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Extended Computer Use: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Feeding: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Household Chores: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Kneeling: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Lift Children: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Lifting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Pet Care: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Reading (Concentration): No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care-Bathing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care-Dressing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care-Shaving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Sexual Activities: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Sleep: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Static Sitting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Static Standing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Walking: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Yard Work: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform

Recreational Activity: Effects of Current Condition on Performance

_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform
_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform
_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform